



The **REFLUX** Trial



Randomised Evaluation of Laparoscopic sUrgery for reflux

A UK multicentre trial funded by the NHS R&D Health Technology Assessment Programme

The trial

A pragmatic randomised trial (with parallel non-randomised patient preference groups) comparing laparoscopic fundoplication with best medical management for people with gastro-oesophageal reflux disease (GORD).

What is the aim of the trial?

To assess the clinical and cost-effectiveness of minimal access surgery amongst people with GORD whose symptoms would otherwise be managed with long-term medical therapy.

What types of patients would be eligible?

- > Symptoms of GORD for greater than 1 year
- AND**
- > Dependent on PPIs for symptom relief

What are the outcomes being evaluated?

- > Patient disease-specific outcome and NHS costs
- > Patient costs and health related quality of life

Who are the collaborators?

Gastroenterologist - surgeon partnerships in 21 UK centres including:



What is the recruitment target?

Recruitment is open until May 2004. We hope to recruit a total of 600 patients to the randomised trial.

CAN YOU HELP?

General practitioners or gastroenterologists with patients who may be eligible for this study should contact the REFLUX Trial research nurse at their local centre.

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OR the **REFLUX Trial Office** in Aberdeen 01224 554196 or **email** reflux@abdn.ac.uk