



Newsletter

October 2002

Study Update

As most of you have been participating in our study for some time now, we thought you might like to know how the study is progressing.

Over 700 people are now taking part from Aberdeen, Bucksburn, Dyce, Newmachar, Inverurie, Kintore, Peterhead, Macduff and the surrounding areas. We have enjoyed meeting you all very much. We aim to include 900 people in the study by the end of November 2002. The study will then finish at the end of 2003. We should have the results for you by spring 2004.

Everything has gone extremely well so far. You have been very good at completing and returning the diary pages to us. Remember to answer all the questions at the end of each month. We would like to say a huge **THANK YOU**. There would be no study without your contribution. Keep up the good work!

The MAVIS Team

You can use this photo to scare the mice away!
From left to right Dr Alison Avenell, Anne Milne,



Audrey Stephen and Clare Robertson. Please remember to contact us if there is anything you would like to discuss about the study. We are always happy to talk with you.

Memory Test

We plan to phone you at the end of the study and ask you to repeat the memory test over the telephone. We can carry it out then, or arrange another suitable time to phone. It should take no more than 5-10 minutes.

Flu Injection

The time for flu infections is here. If you usually have a flu injection, please do so as normal. Remember to tick 'yes' in your diary at the end of that month.

Hospital Stay

We may ask you some questions at the end of the study about the cost of any stay in hospital during the year. For example, how much it cost you to travel to the hospital. Your best estimate will suffice. We will help you as much as we can.

Do you know what our study and the song thrush have in common?



They are both called Mavis! The Scottish word for the song thrush is the Mavis.

ONCE AGAIN THANK YOU FOR YOUR PARTICIPATION